



Game Show: The choice is yours

Self-control is choosing to do what's best even when you don't want to.



Talk About the Bible Story

Open the Bible together and read 1 Samuel 24 or watch the video together on the Parent Cue app.

Engagement Questions

- **When have you had self-control?**
- What would you do if you had the chance to get even with someone?
- Do you find it harder to show self-control when it's friends tempting you? Why or why not?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.



Prayer

"God, You are so good to us. Thank You for never growing tired of us coming to You for help. Please help us to stop and take a minute to think when we are tempted to act first. Help us to be patient and kind like You. Thank You for loving us. We love You, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues →



Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER

Morning Time

As your kid starts their day, tell them about a time when they made a wise decision and exercised self-control before acting.

Meal Time

At a meal this week, have everyone at the table answer this question: "When have you had self-control?"

Drive Time

While on the go, ask your kid: "What is the craziest thing you've seen someone do lately—either in person or online?"

Bed Time

Pray for each other: "Jesus, help us to think about our actions and how they may affect us and others—both in good ways and in bad ways."

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES

