



TALK IT OVER



HOPE PROJECT

## WEEK 7

Group leader,

*This week is probably your last summer group meeting! Make sure to have time for the last question and celebrate how God has blessed everyone through your group! Encourage your group members to be part of a group again this Fall, either the same one (if you plan to host the same group again or if someone else would like to take over) or a different group. Stress that we all need to keep growing in community. Consider planning a just-for-fun time together soon.*



### ICE BREAKERS

- What is your preferred method of exercise - lifting weights, running, going to the gym (back in the day), other?
- What problem has felt like the heaviest weight on you this week?
- Who do you go to for wisdom? An older person in your life?



### READ

#### 1 Peter 5:5-8 (NLT)

“In the same way, you who are younger must accept the authority of the elders. And all of you, dress yourselves in humility as you relate to one another, for “God **opposes** the **proud** but gives **grace** to the **humble**.” So **humble yourselves under** the mighty power of God, and at the right time he will **lift you up** in honor. Give all your worries and cares to God, for he cares about you. **Stay alert!** Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to **devour**.”



## QUESTIONS TO CONSIDER

1. "God opposes the proud but gives grace to the humble" (v. 5). How have you experienced this in your life? Why do you think your humility is so important to God? When is it hard for you to be humble?
2. How does a person find strength, honor, and help through humility (v. 6-7)?
3. (Optional) What do you think is the role of the devil in our lives? What does this passage say about this? What does it look like for a Christ-follower to be on the alert and resist the devil in 2020?
4. Which statement can you relate to most: a) If I were in charge, I'd do a better job. b) I'm right, they're wrong. c) You can't tell me what to do. d) I can't afford to slow down.
5. Do any of you feel the devil is trying to devour you in some way now? How?
6. Pastor Andy said, "The biggest problem you are facing is far more spiritual than you think." With this in mind, what spiritual battle could be going on in you right now? (Is the devil trying to put your focus on the wrong thing? Cause you to have worry/fear/doubt? Discourage you?...)
7. Since God and the devil are both at work, what will determine who has more influence and power in your life? What decisions will you make today in order for God to win the battles in you?
8. Pastor Andy said that peace and hope come as we release control to God. How do you need to release control? Worry, fear, your future, finances ...?
9. How has this group been good for you this summer? (Host share first)



## PRAYER

*Remind the group about Hope week and when, where, and how you will serve together.*

Lord we are so glad that you have all power and wisdom, and that you want to share it with us. Thank you for your Word that is the ultimate source of wisdom. Help us to be humble and release control of the parts of us that resist your control. May we allow you to win the daily battles we face. We receive your strength and hope today, God. We give you all our concerns and trust you to take care of us. Thank you for this group and for bringing us together this summer. In Jesus' name, Amen.