



TALK IT OVER

NO ~~REGRETS~~

NO REGRETS | PART 2 - WHO DO I WANT TO BE?



QUESTIONS TO CONSIDER

1. Name an area of your life that got harder and one that got better during COVID-19.

Truth: Seasons of trial add a pressure to our lives that can either make us better or worse.



READ

2 Corinthians 1:3-4



QUESTIONS TO CONSIDER

1. Do you remember a time that someone helped you out of their own experience of going through pain?
2. Is there a time that you felt like you were able to help or comfort someone else because of having gone through the same trials as them?

Principle: God's work through us often starts with His work in us.



READ

2 Corinthians 1:5-7



QUESTIONS TO CONSIDER

Pastor Filipe talked about how part of "sharing in the suffering of Christ" is based on being willing to face the discomfort of making choices that are contrary to culture. What is one you can relate to?

1. Choosing integrity when most are cheating.
2. Choosing to love those that are hurting us.
3. Choosing to forgive those that want to take advantage of us.
4. Choosing personal purity when it is easier to give in to sexual desires.
5. Choosing to do good when we ourselves are struggling.



READ

2 Corinthians 1:8-11



QUESTIONS TO CONSIDER

1. Why do you think Paul decided to let others know of his struggles?
2. If Christians struggle as much as others, what's the benefit of being a follower of Jesus?

Principle: Our distinctiveness as Christians is not in how few problems, hardships, or illnesses we have, but how we go through them and what they develop in us.

Principle: Our openness with our struggles reveals the quality of our character and our confidence in our identity.



READ

2 Corinthians 1:12



QUESTIONS TO CONSIDER

1. What is God saying to you about what needs to change for you to look back at this season with confidence and a clear conscience?
2. Do you feel like you've been honest during this season?
3. Is there a risk or a step that you sense God asking you to take in order to have no regrets?

Principle: My season of trial will make me better.